

Serial No. 1153(viii)

Roll No.....

**MASTER OF PHYSICAL EDUCATION  
(M.P.Ed.) SEMESTER-II-2018**

**Paper: MPE-803 (viii): Game of Specialization  
Handball**

Time: 3 Hrs.

Maximum Marks: 50

(Write your Roll No. on the top right side immediately on receipt of this question paper)

Note: Attempt any FIVE questions. All question carry equal marks.

- Q.1. What do you understand by Techniques of Coaching ? Differentiate between group coaching and Individual Coaching? 10
- Q.2. Briefly discuss the psychological qualities of a Handball Player? 10
- Q.3. Define "Defense System". Explain any one defensive system of play used in handball game? 10
- Q.4. Explain the role of Management and Marketing in the field of physical education and sports sciences ? 10
- Q.5. Write short notes on any two from the following: (5x2=10)
- (a) Fatigue and Recovery
  - (b) Ankle Sprain
  - (c) Rehabilitation
- Q.6. What are the physiological and anthropometrical considerations for the team selectors to select the handball players? 10
- Q.7. What is overload? Explain the symptoms of overload & suggest its management. 10
- Q.8. Write short notes on any two from the following: (5x2=10)
- (a) Risk Management
  - (b) Nutritional Requirement of Handball Player
  - (c) Role of Media for the promotion of Handball Game